

Uttari Bharat Sabha
Ramanand Arya D.A.V. College (Autonomous)

Composition of NSS Cell

SR NO	Name of Member	Designation
1	Mr. R Kathersian	Program officer
2	Ms. Poonam Shrivastava	Program Officer
3	Ms. Payal Rikame	Member
4	Ms. Shraddha Ghorpade	Member
5	Mr. Nagraj Arbhavi	Member
6	MS. Khushboo Jaiswal	Student Representative
7	Mr. Sachin Dubey	Student Representative



INTRODUCTION

The NSS unit of Ramanand Arya D.A.V. College has been actively engaged in various community service endeavors, focusing particularly on environmental conservation and promoting blood donation. This report provides a detailed overview of the significant activities undertaken by our NSS unit during the specified period.

ENVIRONMENT

Tree Plantation Event:

On 9th August, 2023, our NSS unit organized a 'TREE PLANTATION' event at Bhandup (East) from 10:00 am to 12:00 pm. The event aimed to raise awareness about the importance of tree plantation in mitigating the effects of global warming. Volunteers actively participated in planting saplings and disseminating information about environmental conservation.

Plant Restoration at Oregano:

Collaborating with the “Muskurate Raho Foundation,” our NSS unit participated in “Plant Restoration at Oregano” on June 11, 2023. The event, conducted between 7:00 am to 12:00 pm, focused on restoring greenery in the region. Volunteers engaged in activities such as arranging stones around plants and watering them, contributing to the restoration efforts.

Beach Cleaning Drives:

In commemoration of World Earth Day, our NSS unit conducted beach cleaning drives on April 22, 2023 at Mahim Beach. Volunteers are divided into teams to ensure the efficient cleaning of the beach area and its surroundings. Through these efforts, our NSS unit contributed to the preservation of coastal ecosystems and promoted environmental sustainability. NSS Volunteers also participated in Beach Cleanup which was organized by ‘Environment and Climate Sustainability Working Group’ (ECSWG) on 21st May 2023 between 7:00 am to 9:00 am.

Pledge :

Continuing this spirit of proactive engagement, on November 21, 2023, the NSS unit of Ramanand Arya D.A.V. College gathered once again at the college campus from 12:00 pm to 12:30 pm. This time, the focus was on environmental awareness. Volunteers, recognizing the urgency of the matter, pledged to champion various initiatives aimed at safeguarding the environment, thereby ensuring a sustainable future for generations to come.

WASTE MANAGEMENT

The NSS volunteers participated in an event scheduled for October 20, 2023, from 10:00 am to 11:30 am, in collaboration with the Green Club. Mrs. Rashmi Joshi, the speaker, provided information on various forms of waste management, focusing on waste disposal methods. The session covered types of waste management, including municipal solid waste, composting, recycling, among others.

MLP

June 28, 2023, saw the NSS Unit hosting an MLP Waste Awareness program from 12:00 p.m. to 1:00 p.m. in a college classroom, with Shradha Ma'am enlightening attendees about diseases associated with MLP garbage and its recyclable potential.



Tree plantation by NSS Volunteers



E- Waste Collection by NSS and handover to Safai Bank of India

DISTRIBUTIONS

On November 21, 2023, the NSS unit of Ramanand Arya D.A.V College orchestrated an event centered around the distribution of paper bags. This initiative took place at the Kanjur Marg East market from 10:30 to 11:30 am, where volunteers diligently distributed paper bags across various shops, including general stores, medical stores, and grain shops. The distribution process was meticulously executed with strict adherence to road safety rules.

Additionally, with unwavering enthusiasm, the NSS unit organized a 'Special Distribution Camp for Needy Students' on August 5th and 6th, 2023, at Valhiware village campsite. A total of 25 volunteers actively participated in this event, demonstrating their commitment to community service. The distribution efforts encompassed a range of essential items such as books, sanitary napkins, geometry boxes, and chalk boxes, all aimed at enhancing the educational well-being of the students.

Through these noble initiatives, the NSS unit endeavored to promote literacy and empower the underprivileged members of society, thereby fostering a more inclusive and equitable community.



Paper Bag Distribution by
NSS volunteers



Our NSS Volunteers with I/C principal CA. Dr. Ravindra Naik, Programme Officer R. Kathiresan, Director Padmakar Mane and Daniel sir

Blood Donation

Blood Donation Camp at Dadar Station (April 3, 2023): The Snehalata Foundation organized a blood donation camp where the NSS unit of Ramanand Arya DAV College actively participated, collecting 217 units of blood through awareness-raising efforts.

Blood Donation Camp at Kurla Station (April 20, 2023): The NSS unit engaged in another blood donation camp at Kurla Station, collecting 40 units of blood through their persuasive efforts.

Blood Donation Camp hosted by Thane Rotary Club (July 23, 2023): 100 units of blood were collected during this event, where donors were appreciated with diplomas and refreshments.

Blood Donation Program with Nair Hospital (August 26, 2023): 100 individuals donated blood during this program, where contribution cards were offered to support future initiatives, and volunteers received thank-you notes and donations.

Blood Donation Camp at Ghatkopar Station (August 30, 2023): 69 blood donors contributed to this camp organized by the NSS unit, where volunteers were appreciated with breakfast and lunch, along with certificates from Jagjivan Ram Hospital.

Blood Donation Camp at College Auditorium (December 8, 2023): The NSS unit hosted another blood donation camp at the college auditorium, emphasizing the strength of donors and the quick healing process after donation.

HIV/AIDS

Run for End AIDS (Date and location unspecified): Coordinated by Umesh Ghuge Sir of the MDACS Office, this event saw the participation of all NSS volunteers, who ran to raise awareness about AIDS, followed by breakfast and refreshments.

World AIDS Day Pledge Ceremony (Date unspecified): NSS volunteers pledged their support for World AIDS Day through the Red Ribbon Club, fostering global solidarity in the fight against HIV/AIDS.

TUBERCULOSIS

Seminar on Tuberculosis (September 15, 2023): The NSS unit organized a seminar at the college auditorium, educating volunteers about the symptoms and treatment of tuberculosis.

PCOD

PCOD Seminar (Date unspecified): NSS volunteers learned about Polycystic Ovary Syndrome (PCOD) in a seminar attended by Dr. Ravindra Naik Sir, the college's vice principal.

COVID -19

Human Chain Event (December 1, 2023): Volunteers formed a human chain outside the college, holding posters with the slogan "Fight the virus, not the people" to raise awareness.

THALASSEMIA

Thalassemia Testing Event (December 9, 2023): Volunteers facilitated thalassemia testing for 130 employees and students at the college auditorium.

LEPROSY

Participation in "Run for Leprosy" (February 13, 2024): Volunteers from Ramanand Arya DAV College participated in a marathon to raise awareness about leprosy, pledging to combat the illness and increase public awareness.

ORGAN DONATION

Ramanand Arya D.A.V College organized an Organ Donation seminar for the students. In this seminar, experts elaborated on the significance of organ donation awareness. They delivered an informative session shedding light on various aspects of organ donation. This event was a collaboration between the Jeevandaan Organization and Ramanand Arya D.A.V College, aiming to enhance awareness about organ donation among the participants.



Blood Donation camp and awareness

NSS WEEK

On the occasion of 'NSS Week', the NSS Unit organized several events showcasing their commitment to social causes. An online webinar was conducted on September 24, 2023, via Zoom Meeting from 11:00 am to 12:00 pm. Following this, on September 25, 2023, Volunteers celebrated NSS Day by engaging in different games reflecting the ethos of the NSS Four Departments.

A seminar focusing on Polycystic Ovary Syndrome (PCOS) was held in the College Auditorium, where Vice Principal Dr. Ravindra Naik Sir participated alongside NSS Volunteers. This informative event enlightened volunteers about PCOS and its implications.

Additionally, a paper bag making workshop was organized on September 27, 2023, from 9:00 am to 11:00 pm in Room No. 206 of the college. Volunteers learned the art of crafting paper bags from newspapers and other waste paper, emphasizing the importance of eco-friendly alternatives to plastic bags.

On September 28, 2023, a crowd control operation was conducted in collaboration with the Kanjur Police Station at Bhandupeshwar Kund during the Ganesh Chaturthi festival. Volunteers observed the festivities and ensured smooth crowd management, witnessing the fervor and devotion of the people towards the festival.

Continuing their environmental efforts, on September 29 and 30, 2023, beach cleaning events were organized at Dadar Chowpatty. Volunteers dedicated their time to collect wet garbage and plastic waste, contributing to a cleaner environment and preserving marine life.

Furthermore, on September 30, 2023, the University of Mumbai organized a de-addiction rally from 3:00 pm to 5:00 pm at Azad Maidan. This rally aimed to raise awareness about the harmful effects of tobacco, alcohol, and smoking, promoting healthier lifestyle choices.

Lastly, an event named 'Swachhta Pakhwada' was organized by MMRDA officer Mrs. Anuja More at Kanjur Police Station on September 30, 2023, from 10:00 am to 11:30 am. Volunteers participated in cleaning the surroundings, aligning with the goal of achieving a 'Garbage Free India' through community involvement and civic responsibility.

Additionally, a 'Bhajan Sandhya' event was organized by the University of Mumbai at Gateway of India on October 2, 2023, from 3:30 pm to 7:00 pm, commemorating Mahatma Gandhi Jayanti. This event celebrated the cultural diversity of India, with participants singing songs paying tribute to Mahatma Gandhi, showcasing the unity and harmony among all religions and communities.

RTO

The NSS Unit of Ramanand Arya D.A.V College organized a seminar on Road Safety from 9:00 am to 12:00 pm inside the College's Auditorium. The Chief Guest and their team enlightened students about various rules that must be adhered to while driving vehicles on the road. Through a series of PowerPoint presentations, the audience was provided with real-life examples illustrating the causes of accidents and the importance of road safety measures. Additionally, the college also conducted a waste management seminar as part of its initiatives.

CYBER

On November 3, 2023, The Mulund College of Commerce hosted a Seminar on Cyber Safety from 12:00 pm to 2:00 pm at the MCC College auditorium. The NSS volunteers diligently gathered comprehensive insights into cybercrimes, facilitated by their participation. All NSS volunteers exhibited profound knowledge about cybercrimes and crime prevention. Ranita Ma'am served as the resource person for the seminar, imparting invaluable expertise on the subject matter.



Awareness lecture on RTO

OTHERS

On April 14, 2023, the NSS Unit of Ramanand Arya D.A.V College commemorated Dr. Babasaheb Ambedkar's birth anniversary with an "Ambedkar Jayanti Celebration" in the college auditorium from 9:00 a.m. to 10:00 a.m. The event commenced with the lighting of the lamp by Prof. R. Kathiresan and other staff members.

Later that same day, from 2:00 p.m. to 3:00 p.m., the NSS Unit also honored the birth anniversary of Mahatma Jyoti Rao Phule with a celebration in the auditorium. Prof. R. Kathiresan and Padmakar Mane, the former vice principal, inaugurated the event, followed by a lecture from Padmakar Mane on the lives and contributions of Mahatma Jyoti Rao Phule and his wife, Savitribai Phule, particularly focusing on their advocacy for women's education.

On April 29, 2023, the NSS Unit attended the "Mann ki Baat" seminar organized by the University of Mumbai at Gateway of India from 7:00 p.m. to 8:00 p.m. Volunteers congregated at Gateway of India, where they viewed various films about Indian history as part of the seminar.

Moving to May 10, 2023, the NSS Unit participated in the National Youth Parliament Competition Pre Meeting hosted by the University of Mumbai at Rajabai Tower from 1:00 p.m. to 4:00 p.m. All NSS volunteers convened at Rajabai Tower, where workshops were conducted by Mr. Harshad Bhosale and Avinash Oak to prepare students for the upcoming competitions.

Collaborating with the Husiyaana Foundation, Vatsalya Trust, and the Rotary Club of Mulund Hills, the NSS Unit organized a one-day visit to Harmony Village for orphanage children on an unspecified date. The event began at 11:00 a.m. with breakfast for both children and volunteers. Activities included games such as the lemon spoon race, swimming, and rides, with prizes awarded to game winners.

On June 21, 2023, the NSS Unit collaborated with Shri Ambika Yoga Kuti-Thane to host a yoga program in the college auditorium from 8:00 a.m. to 10:00 a.m. Dr. Ravi Naik, the vice principal, initiated the session and presented a plant sapling to the chief guest. Students were guided through various yoga asanas, including Hastapadasna, Ardha Chakrasana, Trikonasana, and Vajrasana.

As Independence Day approached, the NSS Unit organized the Meri Mati Mera Desh Rally on the eve of the celebration. Held at the Kanjurmarg police station, all NSS volunteers participated in the rally, focusing on the theme "Meri Mati Mera Desh" and also conducted a "Tiranga Yatra" in advance of Independence Day. Additionally, volunteers showcased a short clip against bullying and performed an anti-ragging skit to raise awareness on these pertinent issues.



YOGA Awareness

PLEDGE

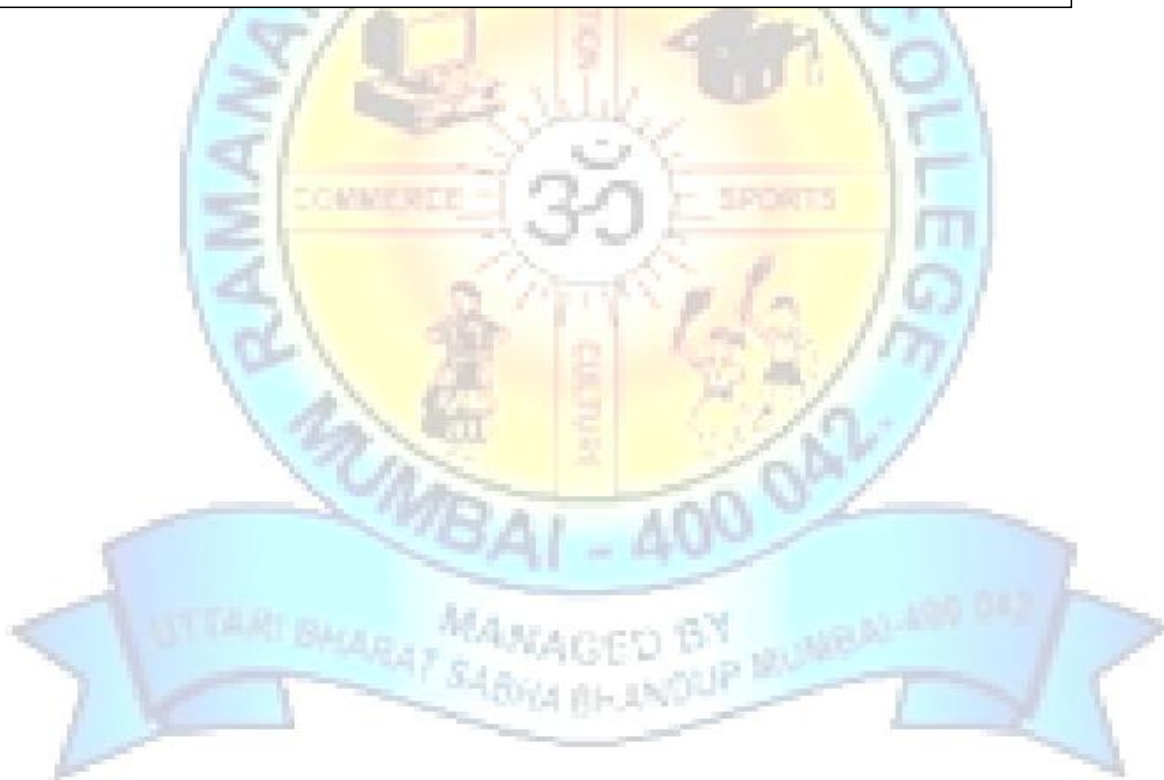
The NSS unit of Ramanand Arya D.A.V orchestrated a series of impactful pledges, each aimed at fostering a deeper sense of responsibility and commitment towards significant causes.

On April 25, 2023, in observance of World Malaria Day, volunteers convened at the Ramanand Arya D.A.V College Campus from 11:00 am to 11:30 am to solemnly pledge their dedication to eradicating malaria. Through education and advocacy, volunteers vowed to become champions in the fight against this prevalent disease.

Moreover, on October 11, 2023, the college grounds resonated with fervor as volunteers participated in "Meri Mati Mera Desh." Holding soil in their hands, each volunteer recited pledges symbolizing their profound connection to the homeland. The act of pouring soil into a communal pot underscored their unity and commitment to the welfare of the nation.



Pledge on 'Meri Maati Meri Desh'





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