



# Ramanand Arya D. A. V. College

## (Autonomous)

Receipt for the Activity details submitted with the Records Committee

### Personality Development Camp

Timestamp	1/9/2025 14:47:28
Email Address	ramanandaryadavcollegenss2122@gmail.com
Name of the activity:	PD (Personality Development) CAMP
Date:	5/26/2023
Time:	11:30:00 AM
Venue:	
Faculty:	Commerce Regular
Department / Committee:	NSS UNIT
Organisers / Cordinators Name:	
Organisers / Cordinators Contact No:	9892052035
No. of Participants (Total):	2
No. of Participants (Male):	1
No. of Participants (Female):	1
Nature of the Activity:	Social
Topic/ Subject of the activity	PD (Personality Development) CAMP
Objective for conducting the activity:	The objective of a Personality Development (PD) camp is to enhance individuals' personal, social, and professional skills, fostering confidence and self-improvement.
Briefly mention the methodology used:	The methodology for a Personality Development (PD) camp includes interactive workshops, group activities, and role-playing to enhance communication, leadership, and interpersonal skills. It also focuses on self-awareness, goal-setting, and confidence-building exercises to foster personal growth.
Briefly mention the outcome of the activity:	The outcome of a Personality Development (PD) camp is improved confidence, communication, and leadership skills, along with enhanced personal growth.



*Ramand*



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Proofs attached:	Report
Attachments:	<a href="https://drive.google.com/open?id=1b4qIbTV9Q7P2fRY9LO5kIKnFqj9leNt6">https://drive.google.com/open?id=1b4qIbTV9Q7P2fRY9LO5kIKnFqj9leNt6</a>

### DAY 1 (26 May 2023)

The day began with a great energy as participants were arriving between the time around 11:30 a.m. The common but special lunch was finished as scheduled. This was our very first meal in the camp. The lunch was so delicious as it includes *dhokla*, *rice*, *mix bhaji* and my favourite vegetable *bhindi*. After lunch we went to a nice big hall which is named as aaradhnamandir. Then we get instructed to rest in our rooms . after that we had our very first lecture at 2 p.m. and we started with a very energetic 3 krantigeet after that next we got an opportunity to introduce ourselves ,once everybody was done , the organizers of the camp decided to form a group. There were total 5 groups in was named as SEVAYODDHA, NIRANTAR, DIVYADRISHTI, SAPTARANGI, ABHEDYA. Then we were instructed to make 1 group leader and sab group leader of every group . then after the session and lecture we went to play a games of names in short memory game (knowing the name). After that we got an opportunity to go on the beach along with our new friends, there we experienced a new vibes from the surroundings. Then at 6:30 p.m. we went to a dining hall to had our dinner. At 7:45 p.m. we had an evaluation of the day given by the volunteers in that the volunteers were requested to share there own experiences, opinions, suggestions and learning of the whole day, etc. Then in ending of the session Ganesh Sir sang a very beautiful song of Mukesh Kumar Ji i.e. Ye Kon Chitrakar Hai. Then we got our very first platform in camp to perform and to show our talents i.e. Cultural Program. After that we took a Prayer (Prathana) and get to sleep at 10:30 p.m.



*Ramand*

### DAY 2 (27 May 2023)

So here we start our day 2 with the yawning faces at 4:45 a.m. where all had to assemble at the premises for the morning slogans (naara) like (*JODO JODO BHARAT JODO, HINDU HO YA MUSALMAAN SABSE PEHLE HAI INNSAAN , SAMMPURNA KRANTI AB NAARA HAI BHAVI ITIHAAS HAMARA HAI*). Then at 5:45 a.m. we had to assemble in hall for (SARVA DHARMA PRATHANA), followed by breathing meditation, musical yoga, and then body relaxing yoga SHAVAASAN , laughter session ,which was an amazing experience for everyone . After that we started shramdaan at 7:15 a.m. till 8:30 a.m. like cleaning of premises , hall, rooms, toilets, etc. After that we get to gather in dining hall fir our breakfast at 8:30 a.m. and got time to rest till 10:00a.m. . after that we assembled in lecture hall for the first session of the day in that we started with a refreshing krantigeet like (aman ke hum rakhwaale , geetgarahehaiaaj hum ,etc. And after that we witnessed a deep prajwalit by the hands of Vijay Tombesir,after we had an session by Vijay Tombe sir on the topic NATIONALISM (Raashtrawaad) in which we got answers of the questions like what is rajya, what is difference between rashtra and rajya and some talks about assmita, after that we jumped on a topic of history topics like Non-Corporation moment and satyagrah. After that we went to dinning hall for lunch at 12:30 p.m. After that at 2:30p.m. we had a continued session on the same topic , in that we got some knowledge about independence history and then we had a Q&A session after then we switched to a topic technology. In that we discussed about the topics like CHATGPT,INTERNET,AI, etc. We sang some krantigeet in panjabi,marathi, hindi. Then at 5:00p.m. we get to play physical games like RAM RAVAN, GERMAN KHO KHO, and we get forwarded towards dining hall for dinner, in that we eat a delicious paavbhaji. After that we had a sesssion on how our day gone well and to summarize it all our thoughts on a dairy writing , after then we overwhelmed by some krantigeet by Ganesh sir and Jiashree Mam. Then after we get to sleep in our rooms at 10:00pm.

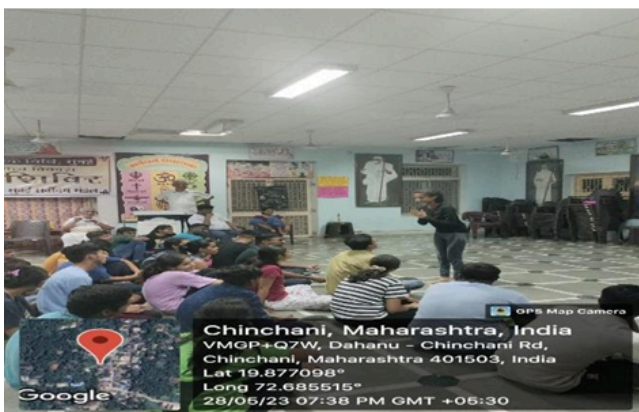
### Photos:





### DAY 3 (28 May 2023)

Day 3 starts with the same activity as day 2 have, like Morning slogans (naare) at the scheduled time as the scheduled stickers on the nearby walls of our rooms. We went for a morning prayer i.e. SARVADHARMA PRATHNA i.e. HEY JYOTIRMAY AAWO' ,After that we went to do SHRAMDAN as per followed schedule. Then breakfast and then we got rest time after that we have a session at 10:00a.m. in hall with the all charming faces of our colleague, they were so happy while attending the lectures the session was on the topic of STRI-PURUSH SAMANATA and the speaker of the session was our beloved TRK Somaiya Kaka and there we discussed on the various known questions , that how can we get to equality on our society and later on the topic diverged on why should go to temple because without going temple we can get peace on by own in short we can get peace on any where in the surrounding in the environment . After we get to have our lunch at 12:30 p.m. and we our break for rest till 2:30 p.m. After we continued our session by by refreshing Kranti Geet by ganesh sir and we had a Q&A by kaka, that was so fun to interact on that session, than after we practiced on the SARGAM notes i.e. (Sa Re Ga Ma Pa Dha Ni Sa) and later on get to play a physical games on the ground by Bajrang Sonawane sir there we played a game named Poison Circle by making a human chain and one more game by Rashmi Mam i.e. Holding Person that was very funny game we used to play it with very energetic manner. Then as usual we go for our dinner at 6:30p.m. After that we done a street play on the topic TRANSGENDER given by Bajrang Sonawane sir, where we got to know about Acting and Proxies , it was very entertaining and this game bring our group members more closer and we become more familiar to each other. Later on we played the named CHINESE PROVERBS by Sushil Shinde sir, and that was very comical and interactive. And then we get to sleep at 10:00 p.m.



### DAY 4 (29 May 2023)

On the 4<sup>th</sup> day of our camp, we started with the same routine which goes like this, Time for Morning rally, musical yoga, morning prayer and shramdaan between 7:15am to 8:30am. Then followed by breakfast and time for bathing between 8:30 to 10am. Krantigeet and session by Hussain Shaikh sir 'Gandhi aur Yuva' between 10 to 12:30pm, there we enhanced ourselves that What is YUVA ?, YUVA is the want of the nation who can change everyones thought of mind-set because they have energetic mind-set. Later we all were given an autobiography of Gandhi to read so that we be able to come on the stage on share our learnings, which was definitely an insightful read. And then in the evening session, we were given five questions in regards to Gandhiji and his life, for which all groups had to discuss and one representative was asked to come and share the entire discussions of the group. On the fourth day we played start and stop game. Then had dinner and finally followed by cultural events, in which dancing, singing, group song, monoact, poetry etc were performed. And today's day ended with an amazing 40mins of Garba dance. In that we enjoyed a lot with lots of creativity, funny and sweet moments. Later on we relaxing yoga aasan to mitigate our body and mind for the day. Then after we go to sleep at 10:00p.m. with lots of memorable moments in our minds.



### DAY 5 (30 May 2023)

The 5<sup>th</sup> day of camp has given me more clarity about everything. The start of the day was amazing and as usual as compared to other days. But today we had a session on SUPERSTITION by Anand sir. Where he showed us different types of magic tricks through which fraud BABA'S they fool the common people, that was mind blowing experience and very entertaining session. The final event was writing a SUDARSHAN PATRIKA of our fellow mates, in that we have to write good qualities about them. This activity was very interesting and entertaining. After that we all gathered for a group picture and then we have our last meal in the camp, and while having lunch we for to pack our luggage's. And after that with warm hearted we left for Mumbai.

Photos :

